



INDIRA BAHUUDDESHIYA SHIKSHAN SANSTHA, BULDHANA'S

**DR. RAJENDRA GODE COLLEGE OF PHARMACY  
MALKAPUR**

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**Shri Yogendraji Gode  
President**

**Dr. Yogesh R. Gode  
Secretary**

**Dr. V. N. Shirkhande  
Principal**

**Details of Extension Activities and Outreach Program 2020-21**


Sr. No.	Name of Workshop/ Seminar/ Conference	Target Audience	Number of Participants	Date	Collaborating Agency
1	Online Stress Management Program	Peoples in the community	140	18/06/2020	NSS
2	Yoga for boosting immunity against COVID 19 Program	Peoples in the community	69	27/06/2020	NSS
3	Secrets to Success	Peoples in the community	105	29/06/2020	NSS
4	AICTE Sponsored Online Short term Training Programme	Students of other Colleges	50	05/05/2021	AICTE
5	Immunity Enhancement Program	Peoples in the community	41	07/05/2021- 09/05/2021	NSS




  
Principal,  
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of Pharmacy, Malkapur,  
Dist. Buldana.

## Dr. Rajendra Gode College of Pharmacy, Malkapur

### Extension and Outreach Activity Report (2020-21)

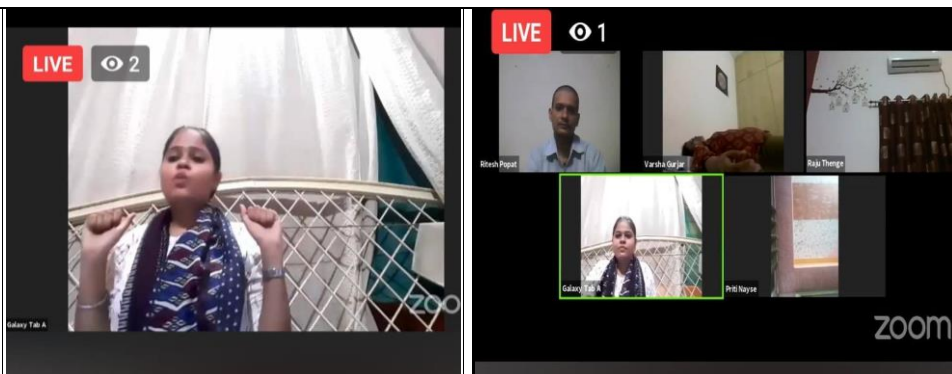
Name of Activity	Stress Management Program			
Organizer	Dr. Rajendra Gode College of Pharmacy, Malkapur			
Venue	Online Program	Number of Participants	Students 125	Teacher 15
Date and Day	18/06/2020	Time: 2.00 pm- 3.30 pm		
Objectives of Program	To learn and practice the meditation to relieve the stress for healthy lifestyle.			
In-charge	Prof. G. D. Mehetre			
Brief Report on activity	Dr Rajendra Gode College of Pharmacy, Malkapur successfully organized National Level Webinar on the topic "Kill the Stress and Live the Life" on 18/06/2020. Speaker Prof. Manoj Jograna from PDEA's S.U. College of Pharmacy, Pune presented a very good and mind storming lecture online. People's reactions and interactions were amazing to the content. The event was a full curiosity amongst the participants because of distinguished topic, which is the need of time, as everyone is living in more or less level of stress.... Participants appreciated the webinar much, responses were very gladfull.			
Photograph				
Outcomes	How to relieve stress and live stress less life at work place and in society.			



  
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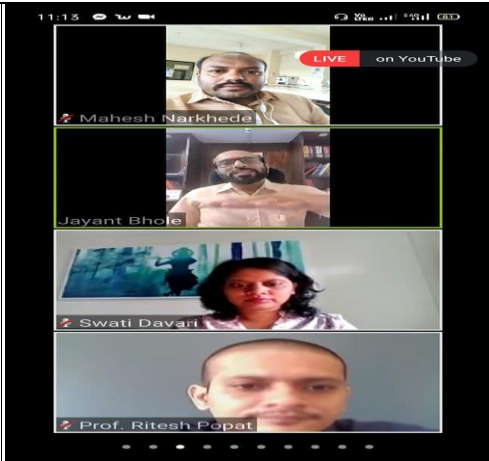
Name of Activity	Yoga for boosting immunity against COVID 19 Program			
Organizer	Dr. Rajendra Gode College of Pharmacy, Malkapur			
Venue	Online Programme	Number of Participants	Students 53	Teacher 16
Date and Day	27/06/2020	Time: 7.00 pm- 8.00 pm		
Objectives of Program	To learn and practice the meditation to improve healthy lifestyle.			
In-charge	Prof. R. R. Popat			
Brief Report on activity	DRGCOP team successfully organized National Level Webinar-Workshop on the topic "Yoga for boosting Immunity against COVID-19" on 27/06/2020 by Ms. Shilpa Rathore, Certified Yoga Teacher and Art of Living faculty, Asst. Prof BVM college of management, Gwalior. The session were amazing, the participant learnt about basics of yoga, bhasrika and Aasanas.			
Photograph				
Outcomes	Improved immunity and positive attitude against COVID-19			



  
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# Dr. Rajendra Gode College of Pharmacy, Malkapur

## Extension and Outreach Activity Report (2020-21)



Name of Activity	Secrets to Success			
Organizer	Dr. Rajendra Gode College of Pharmacy, Malkapur			
Venue	Online Program	Number of Participants	Students	Teacher
			102	12
Date and Day	29/06/2020	Time: 12.00pm- 1.00 pm		
Objectives of Program	To acquire skill to get success in the life			
In-charge	Prof. R. R. Papat			
Brief Report on activity	DRGCOP team successfully organized National Level Webinar on topic "Secret To Success" on 29/06/2020 by Mr.Jayant Bhole Sir. Mr.Jayant Bhole Sir International astro vastu consultant and Senior Art of living teacher, Life coach and Youth leadership training program Trainer, presented a very good and mind storming session. Peoples were actively participate and involve in interactive session. He added that there is no shortcut to success. If you want to be successful, you should punctual, focused, determination towards your goal. Participants appreciated the webinar much, responses were very gladfull.			
Photograph	<div><div></div><div><div><div>महेश गुरुवार (राशिनिर्मा): सोरोना संकटामुळे उन्मत्तता असल्यामुळे प्रत्येकी स्वामितीचे कायदा असून या विषयी कीर्ती आहे सार कोरेनाची लागण आपल्याला होऊ नये त्याचबरोबर कायदापत्तीत होतरी आजापापुन आपले स्वरोपणा काले पावली सोरोनाची प्रतिस्पर्धाकायदा कायदामुळाती व पराध्यायी काले वेगळे येनाले प्रसार गाहिल असले आवश्यक आहे हे जेव्हा स्वतात ठेवून डॉ.राजेंद्र गोडे कोरिज ऑफ थर्मोडी,महेशगुर् द्या २५ जून ते २७ जून योगा स्वताले आपलेजाने केले होते व होतय्या दिवशी २७ जून २०२० रोजी योगा थॅर व बूस्टिंग इमुनिटी ओन्सट COVID-१९चा प्राणविक्षाचे प्रतिस्पर्धा योगा प्रतिस्पर्धा कु.शिष्या राठोड, खातीवर, मध्यदेश द्या देव्यात आले, जे सगळे घरी करू शकतील अशी आपली रीत प्रतिस्पर्धा करू शकतील अशी आपली रीत प्राणव्याम,आहार या विषयी मार्गदर्शन केले. सवेर २५ जून २०२० रोजी या कोरेनाला</div><div><div>आजतक</div><div>गुरुवार दिनांक</div><div>डॉ.राजेंद्र गोडे फार्मसी महाविद्यालयाद्वारा राष्ट्रीय स्तरावर योगा फॉर बूस्टिंग इमुनिटी ओन्सट COVID-१९चा सिक्रेट टू सक्सेस व्याख्यानेचे आयोजन</div><div><div>महेशगुरुवार (राशिनिर्मा): सोरोना संकटामुळे उन्मत्तता असल्यामुळे प्रत्येकी स्वामितीचे कायदा असून या विषयी कीर्ती आहे सार कोरेनाची लागण आपल्याला होऊ नये त्याचबरोबर कायदापत्तीत होतरी आजापापुन आपले स्वरोपणा काले पावली सोरोनाची प्रतिस्पर्धाकायदा कायदामुळाती व पराध्यायी काले वेगळे येनाले प्रसार गाहिल असले आवश्यक आहे हे जेव्हा स्वतात ठेवून डॉ.राजेंद्र गोडे कोरिज ऑफ थर्मोडी,महेशगुर् द्या २५ जून ते २७ जून योगा स्वताले आपलेजाने केले होते व होतय्या दिवशी २७ जून २०२० रोजी योगा थॅर व बूस्टिंग इमुनिटी ओन्सट COVID-१९चा प्राणविक्षाचे प्रतिस्पर्धा योगा प्रतिस्पर्धा कु.शिष्या राठोड, खातीवर, मध्यदेश द्या देव्यात आले, जे सगळे घरी करू शकतील अशी आपली रीत प्रतिस्पर्धा करू शकतील अशी आपली रीत प्राणव्याम,आहार या विषयी मार्गदर्शन केले. सवेर २५ जून २०२० रोजी या कोरेनाला</div><div><div>राष्ट्रभाषा नीधीश.अनेकांनी आपले वैयक्तिक व सामाजिक आयुष्यातील तणावसंबंधी प्रश्न विचारले. त्यास श्री.अनेकांनी मोठे व कु.शिष्या राठोड यानी यथोचित उत्तरे दिले. असा या यक्षीत उद्यमासाठी मध्यविद्यार्थ्याचे प्रयास डॉ. कीर्तने सर, कार्यक्रमाचे सुसंचालक प्रा. रितेश पोपट यानी खरे केले.सर कार्यक्रमाच्या प्वाविले सती प्राणव्यामकुंद प्रा. मेहेरे प्रा.रॅमे,प्रा.अश्व,प्रा. नारखे, प्रा.अश्वक,प्रा.पन्नास,प्रा.केतव,प्रा. भगवतानी यानीयथोचित उत्तरे दिले. सर्व उद्यमाच्या यक्षिनेस व संवेदकपु अनेक यक्षिनेसानी खरे उत्तरे होतसती संवेदने अत्यक्ष श्री.पोपटजी गोडे व सचिव श्री.डी. योगेशजी गोडे यांचे मोठाचे मार्गदर्शन व सिलरत शुभेच्छा लाभत्या.</div></div></div></div></div></div></div>			
Outcomes	Participants were learned different skill to get successful in the one life.			




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### Extension and Outreach Activity Report (2020-21)

Name of Activity	AICTE Sponsored Online Short term Training Programme			
Organizer	Roland Institute of Pharmaceutical Sciences, Berhampur, odisha			
Venue	Seminar hall	Number of Participants	Students 50	Teacher 02
Date and Day	05/05/2021	Time: 11.00 am- 12.00 pm		
Objectives of Program	To learn Integrated research in basic sciences with applied Pharmaceutical Science			
Conducted by	Dr. P. K. Deshmukh			
Brief Report on activity	Roland Institute of Pharmaceutical Science, Berhampur organized a online Short-Term Training Programme (STTP) on “ Integrated research in basic sciences with applied Pharmaceutical Science ” sponsored by AICTE. New Delhi on 05/05/2021. Dr. P. K. Deshmukh, Principal , Dr. Rajendra Gode College of Pharmacy, Malkapur delivered the talk on topic Integrated research in basic sciences with applied Pharmaceutical Science.			
Photograph	<div></div>			
Outcomes	Students acquired soft skill for the improvement of their Personality			

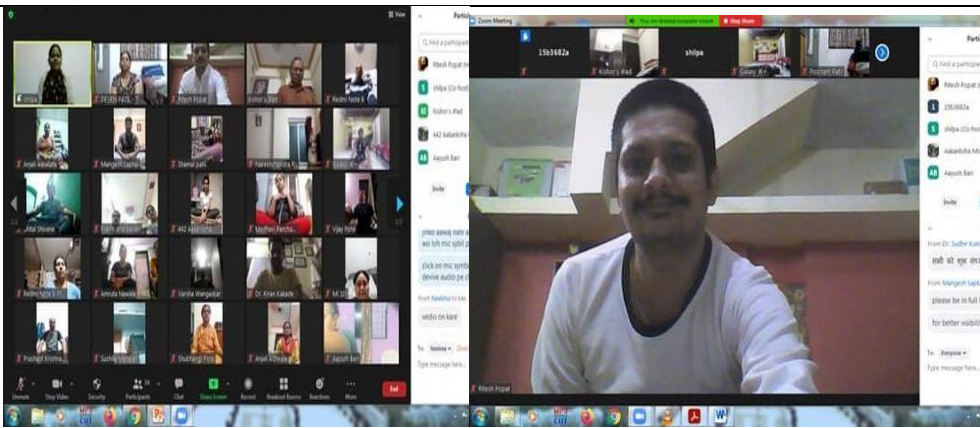


  
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 Dist. Boudh.



## Dr. Rajendra Gode College of Pharmacy, Malkapur

### Extension and Outreach Activity Report (2021-22)

Name of Activity	Immunity Enhancement Programme			
Organizer	Dr. Rajendra Gode College of Pharmacy, Malkapur			
Venue	From Home	Number of Participants	Students	Teacher
			20	21
Date and Day	07/05/2021-09/05/2021	Time: 7.00 pm- 7.30 pm		
Objectives of Program	To learn yoga and practice the medication for improvement of immunity for healthy lifestyle.			
In-charge	Prof. R. R. Popat			
Brief Report on activity	DRGCOP team successfully organized 3 Days National Level Virtual-Workshop on the topic "Immunity Enhancement Program- Meditation, Breath and Yoga on 07/05/2021 to 9/05/2021 by Prof. Shilpa Rathor, Certified Yoga Teacher and Art of Living faculty, Asst. Prof BVM college of management, Gwalior and. Prof. Ritesh Popat Asst. Prof Dr Rajendra Gode College of Pharmacy, Malkapur The session were amazing, the participant learnt about basics of yoga, pranayama and meditation presented a very good session. Peoples were actively participate and involve in interactive session. Participants appreciated the webinar much, responses were very gladfull. Prof.R. R. Popat hosted the webinar.			
Photograph				
Outcomes	Teaching and nonteaching staff and participant learned the yoga to improve the immunity and health.			



  
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